

STARTERS

GULNAR SPECIAL STARTER	£3.45
PRAWN COCKTAIL	£3.75
VEGETABLE PAKORA	£3.75
MUSHROOM PAKORA	£3.95
CHICKEN PAKORA	£4.85
MIXED PAKORA	£4.85
CAILFLOWER PAKORA	£3.95
AUBERGINE PAKORA	£3.85
POTATO FRITTERS	£3.75
MIXED PLATTER	£6.65
SEEKH KEBAB	£4.85
CHICKEN TIKKA	£4.75
LAMB TIKKA	£4.75
CHICKEN TANDOORI	£4.30
EGYPTIAN KEBAB	£4.55
SHAMI KEBAB	£4.35
SOUP OF THE DAY	£2.30
ONION BAJI	£3.70
VARIOUS FRUIT JUICES	£1.95
GULNAR SPECIAL CHAT PATI	£3.55
GARLIC PRAWNS	£4.35
GARLIC MUSHROOMS	£4.15
MUSHROOM CHAAT	£4.15
CHICKEN POORI	£4.45
PRAWN POORI	£4.65
MUSHROOM POORI	£3.95
KING PRAWN POORI	£6.15
CHICKEN TIKKA POORI	£4.75
VEGETABLESAMOSA	£3.95
MINCE SAMOSA	£4.15

ACCOMPANIMENTS

POPPADOM	£0.95
SPICED ONION	£1.95
MIX PICKLE	£1.95
ONION SALAD	£2.85
MANGO CHUTNEY	£1.95
TANDOORI NAN BREAD	£2.55
PLAIN PARATHA	£2.45
MINCE PRATHA	£3.45
VEGAETABLE PRATHA	£2.95
CHAPATI	£1.45
SPECIAL CHAPATI	£1.75
PLAIN RICE	£2.45
FRIED RICE	£2.75
VEGETABLE FRIED RICE	£2.95
MUSHROOM RICE	£2.95
CHANNA RICE	£2.95
FRIED MUSHROOM	£2.20
CURRIED GRAVY	£4.10
FRIED ONIONS	£1.95
CHIPS	£2.35
PLAIN YOGHURT	£2.35
RIATA	£3.35
SPICED MUSHROOM	£3.55
MIXED PICKLE TRAY	£5.55

SPECIAL QUORMA DISHES

AFGHAN STYLE

Traditionally prepared and delicately styled to achieve a mouth watering fruity taste.

GULNAR SPECIAL

A very sweet dish prepared with cream and coconut cream with a touch sugar.

LAHORI STAYLE

Tastefully prepared in rich tandoori cream sauce.

CHILLI QUORMA

Newly discovered dish from the Indian city of Madras –mild but spicy with a touch of coconut cream

MULTANI STYLE

Authentically prepared and expertly balanced with coconut cream and other special spices.

Please specify the style preferred.

CHICKEN QUORMA (BREAST)	£7.65
CHICKEN TIKKA QUORMA	£7.95
LAMB QUORMA	£7.65
LAMB TIKKA QUORMA	£7.95
KING PRAWN QUORMA	£10.55

Rice not included

CHICKEN CURRIES

Chicken Breast	
CHICKEN CURRY	£6.95
KASHMIRI CHICKEN CURRY	£7.35
CHICKEN MUSHROOM CURRY	£7.35
BOMBAY CHICKEN	£7.35
CHICKEN VEGETABLE CURRY	£7.35
CHICKEN DHANSAC CURRY	£7.35
MALAYAN CHICKEN CURRY	£7.35
CEYLONSE CHICKEN CURRY	£7.35
CHICKEN PATHIA	£7.35
CHICKEN BHOONA	£7.65
CHICKEN DOPIAZA	£7.35
CHICKEN QUORMA	£7.35
LAMB CURRY	£6.95
LAMB VEGETABLE CURRY	£7.35
LAMB DHANSAC CURRY	£7.35
LAMB DOPIAZA	£7.35
MALAYAN LAMB CURRY	£7.35
CEYLONSE LAMB CURRY	£7.35
LAMB PATHIA	£7.35
LAMB MUSHROOM	£7.35
LAMB BHOONA	£7.65
LAMB SPINACH	£7.35
LAMB QUORMA	£7.35
BEEF CURRY	£7.15
BEEF VEGETABLE CURRY	£7.45
BEEF DHANSAC	£7.45
BEEF DOPIAZA	£7.45
MALAYAN BEEF CURRY	£7.45
CEYLONSE BEEF CURRY	£7.45
BEEF PATHIA	£7.45
BEEF MUSHROOM	£7.45
BEEF BHOONA	£7.75
BEEF QUORMA	£7.65

CHEF'S RECOMMENDATIONS

- KARAHI GOSHT** £9.85
Tender cubes of lamb cooked with capsicums, tomatoes, and fresh coriander leaves and Gulnar special spices.
- TIKKA MASSALA** £9.85
Meat first marinated in Tandoori Massala then cooked in the Tandoori oven and added to a sauce, prepared with ginger and garlic. Fresh coriander leaves, tomatoes methi, onions and Gulnar special spices.
- PUNJABI MASSALA** £9.75
Chicken, lamb or beef cooked in Tandoori spices blended with capsicum extract and treated with Gulnar special spices.
- ROGAN GOSHT** £9.55
This is a slightly hot dish made with fresh coriander, tomatoes, expertly blend of Gulnar special spices, sliced onion and the Gulnar Touch.
- SPECIAL BIRYANI** £10.45
This dish consists of chicken, prawns, lamb and peas, cooked with saffron rice and garnished with tomatoes, cucumber and coconut powder. Served with a medium curry sauce.
- ROGAN JOSH** £9.55
This especially mild dish consists of tender lamb or chicken cooked with almond powder, tomatoes, cream, and special spices from the Chef's secret store.
- PASSANDA** £9.55
Tender cubes of lamb or chicken expertly blended in special spices, with sultanas, cashew nuts and cream. A mild dish.
- CHICKEN GORKHA** £9.55
Breast of chicken cooked with mixed fruits, and cream.
- CHICKEN PRAWN SPECIAL** £10.25
Breast of chicken and prawns cooked with pineapple, tomatoes, garlic, ginger and special spices.

PLEASE ALLOW AT LEAST 20 MINUTES TO PREPARE THE ABOVE DISHES.

SPECIAL DISHES

- GULNAR SPECIAL CURRY** £9.75
Chicken, prawn, lamb and mushrooms cooked in special massala, served on bed of rice and accompanied with salad.
- KING PRAWN TANDOORI SPECIAL** £12.85
King prawns marinated in Gulnar special Tandoori massala for at least 24 hours then cooked in the Tandoor. Cooked in a sauce consisting of fresh coriander with garlic, ginger turka and special spices.
- CHICKEN PARDESI** £9.85
Chicken or Lamb cooked with fresh ginger, green chillies, onions, coriander, spinach and mushroom.
- MURGH MAKHAN** £10.95
Chicken cooked in garlic and ginger massala, tomatoes and methi, and then added to mince already cooked in buttered special sauce.

All the above dishes are served with rice

CHICKEN CHASNI TIKKA £9.85
Barbecued chicken or Lamb in a sweet and sour sauce.

CHICKEN MAKHANI MASSACA £9.85
Chicken cooked in sauce prepared with cashew nut powder and herbs.

CHICKEN TIKKA BAHAR £9.85
Favourite of the Moghul Emperors. Pieces of chicken cooked in cream with cashew nuts. A creamy mild dish.

JAIPURI CHICKEN OR LAMB £9.85
Chunks of barbecued chicken (off the bone) blended with subtle touches of our fresh Punjabi Massala and cooked with fried mushrooms, and fried capsicums.

JAIPURI KING PRAWN £12.85
King Prawn barbecued in the Tandoor and blended with our fresh Punjabi Massala and cooked with fried mushrooms, fired onions and fried capsicums.

MASALENDAR

CHICKEN OR LAMB MASALENDAR £9.85
Chunky pieces of chicken (off the bone) cooked Tandoori style and blended into a slightly tangy sauce with freshly ground pure Punjabi spices and green capsicums.

KING PRAWN MASALENDAR £12.85
Selected King Prawns cooked in traditional Tandoori style and blended into a lightly tangy sauce with freshly ground pure Punjabi Spices and green capsicums.

NENTARA

CHICKEN OR LAMB NENTARA £9.55
Diced pieces of selected spring chicken cooked slowly with fresh herbs and spices retaining all the natural juices.

PRAWN NENTARA £10.95
Prawns cooked in a special sauce and cooked slowly with special herbs and spices again retaining all the natural juices.

KING PRAWN NENTARA £12.85
King prawns cooked in a special sauce and cooked slowly with fresh herbs and spices retaining all the natural juices.

BALTI

CHICKEN OR LAMB £9.95
Balti dishes are prepared tikka style and cooked with fresh garlic and ginger and a touch of coriander and fenugreek greatly enhance the flavour

PRAWN £10.95

KARAHI

CHICKEN OR LAMB £9.95
This Punjabi bhoona dish is cooked with the choicest ingredients blended with freshly ground Punjabi spices with capsicums, onions and peeled and grated fresh ginger and garlic in cumin butter. A great tasty dish prepared and served in a karahi.

PRAWN £10.95

GRAM MASALA

CHICKEN OR LAMB £9.95
Tender meat prepared tikka style and cooked with garlic butter and blend of warm spices giving an excellent dish of medium to hot strength.

PRAWN £10.95

All the above dishes are served with rice

SPECIAL DISHES

AFGHAN STYLE

ACHARI GOSHT A strong dish cooked with tangy pickle, fresh green chillies and wedge of lemon.

CHICKEN TIKKA	£9.95
LAMB TIKKA	£9.95
PRAWN	£10.55
KING PRAWN	£12.95

SOUTH INDIAN GARLIC CHILLI

Medium to hot dish prepared with garlic butter and a rare mix of Indian herbs and spice topped with green chillies.

CHICKEN TIKKA	£9.95
LAMB TIKKA	£9.95
PRAWN	£10.55
KING PRAWN	£12.95

SHAAN MASSALA (SPINACH)

Capsicums and onions prepared with fresh greens, herbs and spices with a touch of green chilli to give that extra bite.

CHICKEN TIKKA	£9.95
LAMB TIKKA	£9.95
PRAWN	£10.55
KING PRAWN	£12.95

All the above dishes are served rice TANDOORI DISHES

All tandoori dishes are cooked on charcoal in a clay oven and these specialities are served with salad, and gravy sauce. The Moghul Kings, descendants of the Northern Himalayas, first introduced this method of cooking.

TANDOORI CHICKEN (HALF)	£9.95
CHICKEN TIKKA	£10.35
LAMB TIKKA	£10.35
TURKISH KEBAB	£10.65
MIXED TANDOORI	£12.75

Consists of Chicken, Chicken Tikka, Lamb Tikka, Seekh Kebab. Served salad, curry sauce, Nan bread and rice.

JINGHA TANDOORI (KING PRAWN SERVED TANDOORI STYLE)	£12.95
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MINCE NAN	£3.25
VEGETABLE NAN	£3.25
ROGNI NAN	£2.95
PESHORI NAN	£3.25
GARLIC NAN	£2.95
CHEESE NAN	£2.95
PUNJABI NAN	£2.95
TANDOORI PRATHA	£1.95
TANDOORI ROTI (CHAPATI)	£1.75

EUROPEAN DISHES

GRILLED SIRLOIN STEAK	£11.95
GRILLED CHICKEN	£7.45
SCAMPI (FRIED)	£8.25
CHICKEN MARYLAND	£8.25
CHICKEN SALAD	£7.15
PRAWN SALAD	£7.95
PLAIN OMMELETTE	£6.75
MUSHROOM OMMELETTE	£7.55
CHICKEN OMMELETTE	£7.75
FRIED HADDOCK AND FRENCH FRIES	£7.65

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LAHORI STAYLE

Tastefully prepared in rich tandoori cream sauce.

CHILLI QUORMA

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CHICKEN TIKKA QUORMA	£7.95
LAMB QUORMA	£7.65
LAMB TIKKA QUORMA	£7.95
KING PRAWN QUORMA	£10.55

Rice not included

CHICKEN CURRIES

Chicken Breast	
CHICKEN CURRY	£6.95
KASHMIRI CHICKEN CURRY	£7.35
CHICKEN MUSHROOM CURRY	£7.35
BOMBAY CHICKEN	£7.35
CHICKEN VEGETABLE CURRY	£7.35
CHICKEN DHANSAC CURRY	£7.35
MALAYAN CHICKEN CURRY	£7.35
CEYLONESE CHICKEN CURRY	£7.35
CHICKEN PATHIA	£7.35
CHICKEN BHOONA	£7.65
CHICKEN DOPIAZA	£7.35
CHICKEN QUORMA	£7.35
LAMB CURRY	£6.95
LAMB VEGETABLE CURRY	£7.35
LAMB DHANSAC CURRY	£7.35
LAMB DOPIAZA	£7.35
MALAYAN LAMB CURRY	£7.35
CEYLONESE LAMB CURRY	£7.35
LAMB PATHIA	£7.35
LAMB MUSHROOM	£7.35
LAMB BHOONA	£7.65
LAMB SPINACH	£7.35
LAMB QUORMA	£7.35
BEEF CURRY	£7.15
BEEF VEGETABLE CURRY	£7.45
BEEF DHANSAC	£7.45
BEEF DOPIAZA	£7.45
MALAYAN BEEF CURRY	£7.45
CEYLONESE BEEF CURRY	£7.45
BEEF PATHIA	£7.45
BEEF MUSHROOM	£7.45
BEEF BHOONA	£7.75
BEEF QUORMA	£7.65

SEAFOOD DISHES

PRAWN CURRY	£7.55
PRAWN DOPIAZA	£7.95
CEYLONESE PRAWN CURRY	£7.95
PRAWN PATHIA	£7.95
PRAWN MUSHROOM	£7.95
PRAWN BHOONA	£8.15
SCAMPI CURRY	£8.35
SCAMPI DOPIAZA	£8.45
SCAMPI PATHIA	£8.75
CEYLONESE SCAMPI CURRY	£8.75
SCAMPI BHOONA	£9.45

VEGETABLE DISHES

MIXED VEGETABLE CURRY	£6.55
MIXED VEGETABLE BHOONA	£6.95
INDIAN VEGETABLE CURRY	£6.95
CAULIFLOWER CURRY	£6.95
POTATO CAULIFLOWER	£7.15
MUSHROOM CURRY	£6.95
TURKA DAAL	£6.95
PAKORA CURRY	£6.75
SAAG ALOO	£6.75
PANEER SAAG	£7.15
MUTTER PANEER	£7.15
MUSHROOM PANEER	£7.15

BIRYANI

CHICKEN BARYANI	£8.45
CHICKEN AND MUSHROOM BIRYANI	£8.95
BEEF BIRYANI	£8.95
LAMB BIRYANI	£8.95
SCAMPI BIRYANI	£10.25
PRAWN BIRYANI	£10.25
VEGETABLE BIRYANI	£7.95
EGG BIRYANI	£7.95
MUSHROOM BIRYANI	£7.95
CHICKEN TIKKA BIRYANI	£10.35
LAMB TIKKA BIRYANI	£10.35

ALL BIRYANIS ARE COOKED WITH SAFFRON (FRIED) RICE.

CHILDREN'S PORTIONS

(Children under 12 years of age)

CHICKEN CURRY	£4.35
BEEF CURRY	£4.65
LAMB CURRY	£4.65
PRAWN CURRY	£4.80
CHICKEN BIRYANI	£4.95
LAMB BIRYANI	£4.95
CHICKEN NUGGETS	£4.95
GRILLED CHICKEN & CHIPS	£4.55
OMMELETTE & CHIPS	£4.55
SCAMPI (FRIED)	£5.95

KING PRAWN DISHES	
KING PRAWN CURRY	£9.35
KING PRAWN BHOONA	£9.75
KING PRAWN AND MUSHROOM	£9.75
KING PRAWN AND VEGETABLE	£9.75
KING PRAWN DHANSAC	£9.75
KING PRAWN QUORMA	£9.95

Wine List

House White	Glass	1/2 Ltr.	Ltr.
Chardonnay & Pinot Grigio {Dry}	£ 3.25	£ 7.95	£ 15.95
Chenin Blanc {Medium Sweet}	£ 3.25	£ 7.95	£ 15.95
House Red			
Merlot {A fabulously fruity wine}	£ 3.25	£ 7.95	£ 15.95

Bubbly Wine

	Btl
Moet & Chandon Champagne Brut N/V	£ 49.50
Asti Martini	£ 17.35
Cava Rosado {Rose}	£ 17.95

Rose Wine

Mateus {Fruity}	£ 17.95
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White Wine

Reisiling {Dry, Minerally, fresh and Limely}	£ 16.95
Chablis {Dry, Crisp & Mineraly}	£ 19.55
Pinot Grigio {Dry, Crisp apple flavours}	£ 17.95
Marlborough Sauvignon Blanc {Crisp & Zesty with a refreshing finish}	£ 19.55
Hardy's Nottage Hill Chardonnay {Full bodied Dry with tropical fruits}	£ 18.95
Chenin Blanc {Fresh and fruity, bursting with crisp apple aromas and zesty flavours}	£ 17.95

Red Wine

Beaujolais {A light and breezy with full of summer fruit flavours}	£ 16.95
Pinot Noir {Medium-bodied with an abundance of smooth ripe fruit flavours}	£ 18.95
Gran Familia Rioja {Full-bodied with ripen red fruit flavours}	£ 16.95
Temranillo Garnacha {Medium-bodied with red berries aromas}	£ 17.95
Montepulciano D'Abruzzo {Full -bodied, crisp and rich with forest fruit flavours}	£ 16.95
Pinotage {Medium-bodied, fruity flavours and a tasty earthiness}	£ 16.95
Vinalba {Full-bodied fruity wine with full of cherries, plum, black currants}	£ 19.95
Jackob's Creek Shiraz {Medium-bodied with attractive fruit sweetness}	£ 17.95
Casillero del Diablo Cabernet sauvignon {Full-bodied with cherries and hint of mocha}	£ 19.95

Drink List

Draught	
Pt. Cobra	£ 3.45
1/2 Pt. Cobra	£ 1.85
Pt. Lager	£ 3.05
1/2 Pt. Lager	£ 1.85
Guinness {Can}	£ 2.75
Bottle Beer {330 ml}	
Cobra	£ 2.95
Cobra {Non Alcoholic}	£ 2.95
Kingfisher	£ 3.05
Budweiser	£ 2.95
Miller	£ 2.95
New Castle Brown Ale	£ 3.05
Breezer	£ 3.05
Smirnoff ice	£ 3.05
Long Vodka	£ 3.05
Strongbow Cider {Can}	£ 2.75
Magners Bottle {650ml}	£ 3.45
Spirit 25ml	£ 2.75
Spirit & Dash	£ 3.25
Liqueur 25ml	£ 3.55
Liqueur & Dash	£ 3.85
Martini 50ml	£ 2.65
Martini & Dash	£ 3.05
Soft Drinks	
Soft Drink {Pt}	£ 2.65
Soft Drink {Glass}	£ 1.95
Soft Drink {Can}	£ 2.05
Still Water {Bottle}	£ 1.95
Perrier Water {Can}	£ 2.05
Tonic / Ginger Ale / Bitter Lemon {125ml.}	£ 1.35